



## BETTINA BUMANN-ANTHAMATTEN

M. Sc. Psychologist  
Federally recognized Psychotherapist

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<http://www.psychotherapie-wallis.ch/>

### EDUCATION AND TRAINING

- Postgraduate training in Systemic Therapy and Behavioural Therapy specialised on children and adolescents, Institute for Psychotherapy of Childhood and Adolescence of the Psychiatric University Clinics Basel, Bern, Zurich (IPKJ)
- Master in Developmental Psychology/ Disorders, Clinical Psychology and Psychotherapy at the University of Bern
- Bachelor in Psychology at the University of Freiburg

### CONTINUAL EDUCATION

Ongoing training and workshops in the field of psychotherapy and diagnostics of children and adolescents (e.g. further training on WISC-V, participation in the International Conference: The Rights of Children in the digital age). Ongoing training in Marte Meo since 2018 (Practitioner Certificate 2019).

### WORK EXPERIENCE

- 10 years Psychologist/ Psychotherapist at the Center for Development and Therapy of children and adolescents (ZET) in Visp and Brig
- 1 year Psychology Assistant in the inpatient children's area of the University Hospital for Child and Adolescent Psychiatry (UPD) in Ittigen
- Internships and postgraduate positions: UPD Bern (inpatient children's unit), Haut-Valais Psychiatric Centre (inpatient adult's unit), Service for Young People (KDJ) of canton Wallis (ZET Brig)

### CURRENT OCCUPATION




- Since Mai 2020: Coordinator of the prevention program «Herzsprung» of the canton Wallis to promote friendship, love and sexuality without violence.
- Since Sept 2021: Self-employed Psychotherapist in the psychological practice psyWAL in Visp

### LANGUAGES

Consultations and therapies can be carried out in Swiss German, German, English or French.



## MEMBERSHIPS

-  Federation of Swiss Psychologists (FSP)
-  Association of Psychologists of Wallis (APW)
-  Swiss Association for Child and Adolescent Psychology (SKJP)

## PERSONAL BACKGROUND

I was brought up in Saas-Almagell and studied psychology in Fribourg and Bern after graduating from high school. During my many years of work at the Centre for Development and Therapy of Children and Adolescents (ZET) in Brig and Visp, I was able to gain a lot of experience in accompanying families from Oberwallis and working together with specialists in the field.

I am married, mother of two daughters and live with my family in Saas-Grund. In my spare time I enjoy sports, spending time in nature and making music.