



## JENNIFER CHILVER-STAINER

Ph. D. Specialised Psychologist for Psychotherapy FSP  
Federally recognized Psychotherapist

Tel. +41 79 915 55 19

[jennifer.chilver-stainer@fsp-hin.ch](mailto:jennifer.chilver-stainer@fsp-hin.ch)

<http://www.psychotherapie-wallis.ch/>

### EDUCATION AND TRAINING

- Postgraduate training in Systemic Therapy and Behavioural Therapy specialised on children and adolescents in Bern
- Doctorate (Ph. D.) in Developmental Psychology at the University of Bern
- Licentiate in Psychology (Developmental Psychology/ Disorders, Clinical Psychology and Psychopathology) at the University of Bern

### CONTINUAL EDUCATION

Ongoing training and workshops in the field of psychotherapy and diagnostics of children and adolescents (e.g. Workshop ADOS-2/ ADI-R at the UPK Basel, Seminar Intelligence Diagnostics WISC-V of the Test Centre in Bern, Workshop on children of parents with mental health problems at the KpbE Conference in Biel)

### WORK EXPERIENCE

- 2 years delegated Psychotherapist in the psychiatric practice PiZ in Interlaken
- 1 year delegated Psychotherapist in the psychiatric-psychological practice psy-bern in Bern
- 3 years Psychotherapist in the children's inpatient unit of the University Hospital for Child and Adolescent Psychiatry (UPD) in Ittigen (of which 1 year senior psychologist of a children's ward)
- 6 years Psychologist/ Psychotherapist at the Center for Development and Therapy of children and adolescents (ZET) in Visp (of which 2 years psychologist and coordinator at the Pedagogical-Therapeutic Center)
- 2 years research assistant at the Institute for School and Heterogeneity of the PH Luzern (selected publications see <https://www.researchgate.net/profile/Jennifer-Chilver-Stainer>)
- Internships and postgraduate positions: Educational Counselling Service (EB) of canton Bern (group therapy), UPD Bern (inpatient children's unit), Service for Young People (KDJ) of canton Wallis (ZET Visp, Juvenile Court Sitten), Psychological practice in Brig (lic. phil. Esther Pfammatter)

### CURRENT OCCUPATION



- Since Sept 2021: Self-employed Psychotherapist in the psychological practice psyWAL in Visp
- Since April 2022: Evaluator at the Child and Adolescent Forensic Department of the UPD in Bern



## LANGUAGES

Consultations and therapies can be carried out in Swiss German, German or English.

## MEMBERSHIPS

-  Federation of Swiss Psychologists (FSP)
-  Association of Psychologists of Wallis (APW)

## PERSONAL BACKGROUND

I was brought up in Brig and studied psychology in Bern after graduating from high school. During my further training as a psychotherapist, I worked several years at the Centre for Development and Therapy of Children and Adolescents (ZET) in Visp. Parallel to that I completed my doctorate in the field of moral development. For the past five years I have worked professionally in the Canton of Bern, where I have gained psychotherapeutic experience at the children's inpatient unit of the University Hospital for Child and Adolescent Psychiatry (UPD) and at psychiatric private practices.

I am married, mother of a daughter and live with my family in Termen. In my spare time I enjoy going for walks in nature, reading and being creative.